



# Samueli Office of Wellbeing Grand Rounds

## Managing the Impact of a Critical Incident

May 30, 2023 | Online via Zoom at 12:00 p.m.

Critical incidents, whether they involve faculty, staff, or patients, have the potential to impact us and interfere with our ability to cope and perform our jobs effectively.

In this Grand Rounds, we will discuss the impact of critical incidents and strategies for navigating the impact using trauma-informed principles to support growth and resilience.

Wellbeing Grand Rounds is a quarterly series for UCI Health providers to focus on issues that affect their wellbeing.

**Provided by:**  
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**Zoom:**  
<https://ucihealth.zoom.us/j/91898392291?pwd=R3VULzVHb1dGNmt6aEtBSUFUVkc5UT09&from=addon>

### Featured Speaker



**Negar Shekarabi, PsyD**  
Coordinator of Faculty Support Services  
Samueli Office of Wellbeing